

## **SUPPORT FOR THOSE IN SELF ISOLATION**

A number of volunteers have come forward who will co-ordinate support, and/or actually be the ones who shop, collect prescriptions, arrange a supermarket delivery, etc for those who need to self-isolate in the village - either because of age (assuming the directive for all over 70s to self isolate does come out later) because of existing conditions or because of symptoms.

We have a number of volunteers who are happy to help but more would be good. If you think you could help, please contact me, Chris Field, on 01243 641 493 or [chrisannfield@hotmail.com](mailto:chrisannfield@hotmail.com).

Meanwhile, if you are self-isolating and need help, contact any of the following who will arrange for some-one to contact you and help -

Chris Field, 01243 641 493, [chrisannfield@hotmail.com](mailto:chrisannfield@hotmail.com)

Alison Bell, 01243641 274, [bellplumbing@btinternet.com](mailto:bellplumbing@btinternet.com)

Suzanne and Bryan Bone, 01243 641 495, [dembones369@btinternet.com](mailto:dembones369@btinternet.com)

Gary Hopkinson, 01243 641641, [gary,hopkinson@sky.com](mailto:gary,hopkinson@sky.com)

Wendy Devonshire, 01243 641 457, [dancingdevonshire@hotmail.com](mailto:dancingdevonshire@hotmail.com)

Al Horsley, 01243 641 839, [alexandra@expatriatelaw.com](mailto:alexandra@expatriatelaw.com)

Steven Foden, 01243 641 035, [fodenseven@gmail.com](mailto:fodenseven@gmail.com)

We have been told that the scams have already started with strangers knocking on the door of self isolating households and offering to do shopping. The householders hand over the money for the shopping and never see the scammer, or their shopping, again.

Those from the village referred to you by us will identify themselves by name and, if it is not the person that you contacted, will say that they have been sent by (the name of the person whom you contacted). All of the volunteers are known to us.

**An updated list of contacts will be available on the church website - [www.stmary-sidlesham.org.uk](http://www.stmary-sidlesham.org.uk)**

**Chris Field.**